

New Day DNA GUIDES

Session 3: Now What?

Be Real

It's time to make some plans for how we're going to move forward. Let's face it - this is the point where many of us struggle. At New Day, we believe it's important for each person to take ownership in their own walk with Jesus. That's the best way for truth to sink in and take root.

The hope of the DNA groups is that by committing to a shared journey, we can all grow and "spur one another on to love and good deeds." (Hebrews 10:24)

Choose a Path

How do we want to grow?

Option 1) Read a book of the Bible over the course of ____ weeks. We can read separately and come prepared to discuss what we've read, or we can read together when we meet.

Option 2) Use new DNA Guides as they're made available.

Option 3) Discuss and apply Sunday sermons that we hear on Sundays and the podcast.

Option 4) Choose a book study of our own.

Here's what some long-standing DNAs consider best-practices:

- Check in on each other during the week from time to time and pray.
- Have a group text.
- Mix some fun weeks into your time together. (sports games, concert, etc)
- Schedule some weeks in new environments (walks, on a boat, at coffee or a pub).
- Learn to grow at asking questions.
- It helps when one person doesn't feel like the only leader. In this small environment where the objective is care... take graceful ownership.
- Empower your introverts!
- Help each other plan for meaningful next steps in growth as they're discovered.

Recommended resources for DNAs

- New Morning Mercies — Paul Tripp
- The Bible Project — thebibleproject.com
- Prodigal God — Tim Keller
- Emotionally Healthy Spirituality — book+podcast by Pete Scazzerro
- Surprised by Hope — N.T. Wright
- She / He Reads Truth
- My Name is Hope — John Mark Comer
- Strong and Weak — Andy Crouch
- Everybody, Always — Bob Goff
- Ruthless Trust — Brennan Manning
- Eat this Book — Eugene Peterson
- Mere Christianity – C.S. Lewis

We're eager to hear about how you're growing. As you see God working in your life, let us know. Or, if you've got questions, email us.

Your primary contact to help your DNA be successful is Kevin Stigers: kevin@newdaynw.com