

# CRUCIAL

W H A T M A T T E R S M O S T

*Accompanies podcast "Grace" - 3/20/22  
at [www.newdaynw.com/sermons](http://www.newdaynw.com/sermons)*

**Read Ephesians 4:7**

How would you define grace?

The sermon talked about how the cross didn't "create" grace but that grace "abounded before sin." How does it change things to realize that God's grace came first?

Grace could be defined as "God's love in action where it is most needed and undeserved." How have you seen that play out in your own life?

Today's verse indicates that grace is highly specific and personal. Where is one area where you have seen God meet you in a way unique to you and your circumstances?

On the second page of this study guide, you will find two exercises. The first provides a list of words that could be indicators of where you're needing God's active love. The second explores ways to become more receptive to grace. Take a moment to reflect on and pray about both exercises.

# WHERE AM I...

Hurting	Reactive	Resistant
Anxious	Protective	Disconnected
Self-destructive	Afraid	Regressed
Confused	Angry	Lonely
Defensive	Suspicious	Jealous
Untrusting	Resentful	Depressed
Stuck	Overwhelmed	Rebellious

## POROUS & PERMEABLE

*Here are some ways to cultivate greater receptivity to grace. In addition to these four, consider another way you'd like to incorporate.*

### REPENTANCE

*What can I confess?*

### SURRENDER

*What can I let go?*

### VULNERABILITY

*Who can I let in?*

### CURIOSITY

*What can I learn?*